

MERIDIAN

A YEAR IN CARDIOLOGY

Under the aegis of



Knowledge Partner

GM HOSPITALS

— Nagarabhavi | Basaveshwaranagar —

18th & 19th JULY 2026 | Shangri-La, Bengaluru

SCIENTIFIC AGENDA



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Welcome Message

Greetings from **Meridian 2026!** It gives us great pleasure to invite you to **Meridian 2026.**

"A Year in Cardiology" is more than a review of recent developments. It is a platform where experts come together to interpret new evidence, share clinical experience, and understand how evolving trends can improve everyday patient care.

The programme covers the full spectrum of contemporary cardiology - from hypertension, dyslipidaemia, diabetes and cardio-renal-metabolic disease to acute coronary syndromes, heart failure, pulmonary hypertension, valvular disease, arrhythmias, and cardiovascular conditions during pregnancy. It also explores emerging areas such as Lp(a), INOCA, intravascular imaging, advanced echocardiography, and radiology in cardiology.

Through keynote addresses, focused discussions, and an interactive ECG quiz, the meeting will examine what is new, what remains challenging, and what can be applied in clinical practice today.

The true purpose of this meeting is not only to learn from experts but also to exchange experiences, question established practices, and collectively improve cardiovascular care. What we learn here must ultimately translate into earlier diagnosis, better clinical decisions, and improved outcomes for our patients.

We look forward to welcoming you to **Meridian 2026.**

Warm regards,

Dr. S S Ramesh

Chairman - Organising Committee

ORGANISING COMMITTEE



Dr. S S Ramesh
Chairman



Dr. R Keshava
Secretary

ORGANISING COMMITTEE



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Dr. Satish C Govind
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Dr. Deepak Krishnamurthy

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Dr. Girish Navasundi

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Dr. K S Kishore

Dr. K S Ravindranath

Dr. K V Srikanth

Dr. Karthik Vasudevan

Dr. Kashinath Dixit

Dr. M N Bojamma

Dr. Nagamallesh U M

Dr. Nagamani A C

Dr. Nagaraj Desai

Dr. Nishanth K Ravindranath

Dr. P P Mohanan

Dr. Prabha Vathi

Dr. Prabhakar Koregal

Dr. Pradeep Kumar

Dr. Pradeep Shetty

Dr. Prayaag Kini

Dr. R Keshava

Dr. Ramamurthy Bingi

Dr. Reeta Varyani

Dr. S S Ramesh

Dr. S Venkatesh

Dr. Satish C Govind

Dr. Satish Reddy

Dr. Sreekanth Shetty

Dr. Sunil Patil

Dr. T R Raghu

Dr. Thomas Alexander

Dr. V K Srinivas

Dr. Yunus Saleem

Keynote Addresses

01

***Cardiovascular Disease in India
- Current Epidemiology***

Dr. P P Mohanan

02

***Echocardiography -
What is New?***

Dr. Satish C Govind

03

Radiology in Cardiology

Dr. A S Sridhar

04

***STEMI Management -
Widening the Net***

Dr. Thomas Alexander

11:00 Hrs - 11:30 Hrs

11:30 Hrs - 11:45 Hrs

11:46 Hrs - 12:45 Hrs

Chairpersons

11:46 - 12:00 Hrs

12:01 - 12:15 Hrs

12:16 - 12:30 Hrs

12:31 - 12:45 Hrs

12:46 Hrs - 13:45 Hrs

Chairpersons

12:46 - 13:00 Hrs

13:01 - 13:15 Hrs

13:16 - 13:30 Hrs

13:31 - 13:45 Hrs

13:45 Hrs - 14:15 Hrs

Registration & Break

Session 1: Inauguration

Introduction

Dr. S S Ramesh

Session 2: Hypertension

Dr. Nagaraj Desai, Dr. S S Ramesh

Management of Systemic Hypertension

Dr. Nishanth K Ravindranath

Resistant Hypertension

Dr. Karthik Vasudevan

Hypertension in Pregnancy

Dr. Prabhakar Koregal

Discussion

Session 3: Heart & Lung

Dr. Prabha Vathi, Dr. T R Raghu,

Dr. Dayananda G G

Acute Pulmonary Embolism

Dr. S Venkatesh

Myocarditis & Pericarditis

Dr. Deepak Krishnamurthy

Mental Health & Cardiovascular Disease

Dr. Sunil Patil

Discussion

Lunch



14:16 Hrs - 15:15 Hrs

Chairpersons

14:16 - 14:30 Hrs

14:31 - 14:45 Hrs

14:46 - 15:00 Hrs

15:01 - 15:15 Hrs

15:15 Hrs - 15:45 Hrs

15:46 Hrs - 16:45 Hrs

Chairpersons

15:46 - 16:00 Hrs

16:01 - 16:15 Hrs

16:16 - 16:30 Hrs

16:31 - 16:45 Hrs

Session 4: Cardio-Renal Metabolic Syndrome

Dr. D Ramesh, Dr. Nagamani A C, Dr. K S Kishore

Intravascular Imaging and PCI

Dr. R Keshava

Diabetes and CVD

Dr. K V Srikanth

Prevention of Stroke in AF

Dr. Girish Navasundi

Discussion

Break

Session 5: Dyslipidaemia and ASCVD

Dr. R Keshava, Dr. Bangaru Girish

ASCVD Risk Assessment

Dr. Anupama Hegde

Dyslipidaemia Management

Dr. Nagamani A C

Lp(a) - A New Frontier

Dr. Girish Godbole

Discussion

16:46 Hrs - 17:45 Hrs

Chairpersons

16:46 - 17:00 Hrs

17:01 - 17:15 Hrs

17:16 - 17:30 Hrs

17:31 - 17:45 Hrs

17:45 Hrs - 18:15 Hrs

18:16 Hrs - 18:45 Hrs

Chairpersons

18:46 Hrs - 19:15 Hrs

Moderator

19:15 Hrs Onwards

Session 6: Miscellaneous

*Dr. Ramamurthy Bingi, Dr. Gopi A,
Dr. Kashinath Dixit*

CVD & Pregnancy

Dr. D Ramesh

HCM

Dr. Pradeep Kumar

SCD - Causes & Prevention

Dr. Harsha Basappa

Discussion

Break

Session 7: Keynote Address

Dr. S S Ramesh, Dr. D Govindappa

*Cardiovascular Disease in India - Current
Epidemiology*

Dr. P P Mohanan

Session 8: ECG Quiz

Dr. Deepak Padmanabhan

Dinner



09:01 Hrs - 10:00 Hrs

Chairpersons

09:01 - 09:15 Hrs

09:16 - 09:30 Hrs

09:31 - 09:45 Hrs

09:46 - 10:00 Hrs

Session 9: Coronary Artery Disease

Dr. Yunus Saleem, Dr. C N Sridhar

Acute Coronary Syndrome

Dr. Prayaag Kini

CRM Syndrome

Dr. Sreekanth Shetty

DAPT After ACS - Which One? How Long?

Dr. Anusha Rao

Discussion

10:01 Hrs - 11:00 Hrs

Chairpersons

10:01 - 10:15 Hrs

10:16 - 10:30 Hrs

10:31 - 10:45 Hrs

10:46 - 11:00 Hrs

Session 10: Heart Valves & Arrhythmias

Dr. Satish Reddy, Dr. G G Shetty,

Dr. M N Bojamma

Interventional Treatment of Valvular Heart Disease
- What is New?

Dr. K H Srinivas

INOCA

Dr. Reeta Varyani

Present Concepts of Management of Common
Arrhythmias

Dr. Satish Reddy

Discussion

11:01 Hrs - 11:30 Hrs

Chairpersons

Session 11: Keynote Address

Dr. C B Patil, Dr. S S Ramesh

Echocardiography - What is New?

Dr. Satish C Govind

11:30 Hrs - 11:45 Hrs

Break

11:46 Hrs - 12:15 Hrs

Chairpersons

Session 12: Keynote Address

Dr. K S Ravindranath, Dr. Pradeep Shetty

STEMI Management - Widening the Net
Dr. Thomas Alexander

12:16 Hrs - 12:45 Hrs

Chairpersons

Session 13: Keynote Address

Dr. B Dinesha, Dr. K G Kallur

Radiology in Cardiology
Dr. A S Sridhar

12:46 Hrs - 13:45 Hrs

Chairpersons

Session 14: Heart Failure & Pulmonary Hypertension

Dr. V K Srinivas, Dr. Anantha Padmanabha

12:46 - 13:00 Hrs

Pulmonary Hypertension - Classification & Management

Dr. Darshan N

13:01 - 13:15 Hrs

HFrEF

Dr. Nagamallesh U M

13:16 - 13:30 Hrs

HFpEF

Dr. Bhagirath R

13:31 - 13:45 Hrs

Discussion

13:45 Hrs - 14:00 Hrs

Concluding Remarks

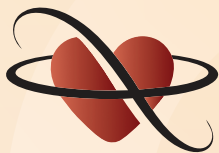
14:00 Hrs Onwards

Lunch





Everything you need for



MERIDIAN
A YEAR IN CARDIOLOGY

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